



DON'T LET FLU or MENINGITIS BUG UMASS!

Flu season is almost here, and so are the University Health Services (UHS) campus flu clinics.

Help protect our UMass community by getting vaccinated; it's quick and easy!

CDC recommends annual influenza vaccination for everyone 6 months and older with any licensed, age-appropriate flu vaccine (IIV, RIV4, or LAIV4) with no preference expressed for any one vaccine over another.

- **Flu vaccination can keep you from getting sick with flu.**
- **Flu vaccination can reduce the risk of flu-associated hospitalization for children, working age adults, and older adults.**
- **Flu vaccination is an important preventive tool for people with chronic health conditions.**
- **Vaccination helps protect women during and after pregnancy.**
- **Flu vaccine can be life-saving in children.**
- **Flu vaccination has been shown in several studies to reduce severity of illness in people who get vaccinated but still get sick.**
- **Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.**

You can also be vaccinated during a scheduled visit - just ask!

Costs are billed to your health insurance; bring your insurance plan's ID card with you. For questions about insurance coverage and billing at University Health Services please go to: <https://www.umass.edu/uhs/insurance>

Brought to you by USA Health and Safety Committee.

WALK-IN CLINICS AROUND CAMPUS

THURSDAY, OCT. 11
3:30 - 6:30 p.m., North
Apartments, Building D

FRIDAY, OCT. 12
3 - 6 p.m., North Village
Apartments

THURSDAY, OCT. 18
4:30 -7:30 p.m., Berkshire
Dining Commons

SATURDAY, OCT. 20
1 - 4 p.m., Cape Cod
Lounge, Student Union

FRIDAY, OCT. 26
10 a.m. - 2 p.m., Cape Cod
Lounge, Student Union

THURSDAY, NOV. 1
3:30 - 6:30 p.m., Webster
Lounge

FRIDAY, NOV. 2
10 a.m. - 2:00 p.m.,
Commonwealth Honors
College

THURSDAY, NOV. 8
11 a.m. - 2 p.m., Hampshire
Dining Common

THURSDAY, NOV. 15
:30 - 6:30 p.m., Recreation
Center

WALK-N CLINICS IN UHS,
ROOM 302

THURSDAY, OCT. 25, 1 - 4 p.m.

FRIDAY, NOV. 9, 9 a.m. - noon

THURSDAY, NOV. 29, 1- 4p.m.

THURSDAY, DEC. 6, 1 - 4 p.m.