## Information about the Coronavirus (COVID-19) for the UMass Amherst Community

## March 9, 2020: Message from Chancellor Subbaswamy on Campus Preparations and Assessment of COVID-19

This site provides the latest communications and a comprehensive set of resources for the University of Massachusetts Amherst community as we respond to the outbreak of Coronavirus (COVID-19). Members of the University's Emergency Operations Team, including University Health Services leadership and two Coronavirus Working Groups, are managing campus plans and resources, and they are they actively monitoring the latest developments in concert with federal and state officials.

There are no confirmed cases at UMass Amherst. The current risk to residents in Massachusetts remains low.

## The Latest University Travel Restrictions and Policies

## **Best Practices to Protect Yourself**

University Health Services reminds all students, faculty and staff to remember the Health Smart tips to avoid spreading any respiratory virus, including COVID-19. These simple actions will help to prevent the spread of all respiratory viruses and create a healthier campus community.

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- It's not too late to get a flu vaccination. Call UHS for an appointment at 413-577-5101
- If you are experiencing any symptoms of COVID-19 AND have either traveled to any affected area or been in close contact with someone ill with COVID-19, please call the Triage Advice Nurse before coming into the UHS building: 413-577-5229

This is an evolving situation and related updates are also available from the Massachusetts Department of Public Health and the Centers for Disease Control and Prevention (CDC), including updated Travel Notices for countries with community transmission.